



>>> Sexual Services for Disabled People <<<

Tips for Sex Workers

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Like all other clients, people with disabilities use professional sex workers for a wide variety of reasons, so it's important to check out what these are in advance and not make assumptions. Generally, what they need most from you, as well as warmth, pleasure and sexual gratification, is reassurance of their sexual worth, and help in finding ways so that, in future, they will be able to have sex with partners in non-commercial relationships.

A session with a disabled client can be much more educational, much more fun and satisfying than work with other people. It is very sad that only a few professionals realise this, because there is a fabulous career for someone who does this job well. Indeed, there's a special organisation in Holland where disabled people go. It's called SAR. You can learn more about SAR by [MISSING BIT HERE???](#). Need to get link

Both men and women with disabilities benefit from being with sex workers. One disabled woman's voice: "If only I could pay a groovy, competent man to understand my physical needs, with their limitations, and maximise the pleasure that I'm sure I'm capable of experiencing". Of course, good communication with almost anyone should bring the same results especially if you are an assertive woman with a sense of humour, but sometimes people want to pay in order to get professional help.

Meeting the needs of disabled people

1) Physical closeness and intimacy- the most upsetting thing of all is not sexual frustration, but lack of skin-to-skin contact. Disabled people tend to get avoided physically, at all costs. Even doctors tend to poke them, instead of touch. I know a man whose back was deformed by polio and nobody had ever touched his hump! Expect very emotional outbursts, and allow them. Cuddle.

2) People with short arms, or no use of their hands, can't reach or can't manage to masturbate, and may just need a wank. If this is all they want, it should be made clear. You provide the pair of hands and wank them per their instructions, without invading the privacy of their minds.

3) Lovemaking, if only so they can say to themselves they aren't virgins any more, and feel they have done "it" at least once in their lives, so they don't die a virgin. Confirmation of their masculinity or femininity, making them feel like a real man or real woman, can bring the confidence to start a relationship.

4) Confidence- building and gaining sexual experience. Most disabled people lack adolescent experimentation, so they never get the chance to learn what they like, learn how to seduce, learn how to take rejection and acceptance, so that they can start dating. They need extra confidence because they are more likely to face rejection, and they need to be cool about asking

favours and discussing ways of finding comfortable positions and perhaps getting off. This may require more than one session and you may worry about them becoming dependent, so make a deal. Say "I'll teach you once a week for ten weeks and then you're on your own". You have to be dead honest with each other (writing things down helps) and cope with 'falling in love' situations, which might happen, and are OK, because you have a contract in which the time limit means that it's just a temporary learning situation.

The biggest danger, as I see it, is that disabled men have commercial sex and never progress to having relationships because they can't face rejections and the hassles of relationships. Once they get used to having commercial sex, it can destroy the capacity to share feelings or aim at mutual pleasure. Professional sex with a disabled man or woman may be quite different to that with other clients. You may very well relate to each other closely. After all, you are both discriminated against by society, which can bring you into feelings of friendship. However, although this can feel good at the time, it makes it even more imperative to clarify where the actual boundaries lie.

Too many disabled people, assuming they have made a friend, are tempted to pester the sex worker afterwards and make attempts to get romantically involved. As a result, the worker then refuses to see him again. Remind disabled clients that they are paying for your time. This is not to say that it would be impossible for a love affair to develop - just very unlikely, because you are working.

Remember that your client is also paying for confidentiality. There may be clients who have to sneak away to visit you, or sneak you into their rooms, because paying for sex would be frowned on or forbidden by their parents or care staff. Kindly go along with their wishes.

Although it can feel a bit unnerving to encounter a disabled person for the first time, you soon get used to them, when you realise that they are just like anybody else, although, having a terrible self-image, they may appear more humble. Most are refreshingly realistic and down to earth, often better at specifying their needs than other people, and they usually have a wicked sense of humour (they need one to survive) Never assume that, just because someone is disabled, they want straight sex. They may be gay or kinky. Being in hospital a lot can bring out a taste for enemas and fetish for rubber nurses! I've known a man with severe cerebral palsy who (much to the anguish of his mother) liked being beaten shitless.

Here are some specific things you might need to be aware of:

Firstly, many blind people have never seen or felt anyone else's body and need to be encouraged to explore yours to know what a woman or man is like. As well as exploring your body, they may need to be told about themselves: how to look sexy, smile flirtatiously, the art of wearing revealing clothes, and chatting with the person they fancy in a way which will make them feel at ease. They may need a good deal of education because some have led very sheltered lives. Taped books and radio programmes for blind people usually exclude the erotic side of

life. They may be unaware of things like massage parlours, dom parlours, etc. Deaf-blind people are even more cut off and protected. Carers and relatives hope that they will be sexless as well as blind and deaf! They will be delighted if you convince them they are sexy. and you will enter a private world of fantasies that has had little influence from outside (neither speech, sound or visual imagery!). Nevertheless, they may be as fixated. I knew a young blind/deaf boy who only wanted women to piss on his hand! You can communicate with a blind/ deaf person through finger language (easily learnt -ask them to lend you a book).

Deaf people may be rather paranoid, having become afraid that people talk about them when they can't hear. Some have the habit of averting their eyes when you say things they don't want to lip read or sign-read. However, I've know some who are delightfully voyeuristic and gregarious, and enjoy their own secret naughty language with other deaf people. Communicating with your own sign language in sex can be fun.

People with cerebral palsy often experience much less body tremor, speak more easily and can use their muscles better after orgasm, so it may be better to give an orgasm quickly and then get down to business. Alternatively, they can take a muscle relaxant beforehand. Watch out when they come, because the involuntary movements can become quite dramatic: you might get poked in the eye, or worse!

Men with polio sometimes find it difficult to ejaculate, which can feel very frustrating for them. Teaching variations in technique can be useful, and using a strong vibrator on the penis can help.

People with spinal injury vary enormously in what they can feel and do. Experimentation leads to all kinds of pleasant discoveries. Often, lovely orgasmic sensations can be experienced by rubbing and caressing the area just above the level of paralysis. For example, if they are paralysed from the chest down, they may orgasm when you stroke their shoulders. This is called sensory amplification and may take time to achieve.

Genital response depends on where the back is damaged and the extent of the damage. Here are some examples:

a) Numb Genitals

This may include being able to get an erection, or the clitoris not responding physically even if he can feel it. With some men, if you rub his cock, it goes up, for twenty minutes or so, although he can't feel any sensation in it. He'll still get enjoyment out of seeing it in someone's mouth or pussy. The erection will eventually subside without ejaculation. Women may be unaware of how to enjoy sex. People still like to be played with. It's your job to explore and experiment and find areas of sensitivity , so search around. Some disabled people have had all the exploring, know exactly what works for them and all you need to do is obey instructions.

b) Bizarre Connections

Sometimes stroking his big toe, or somewhere, initiates sexual arousal so try lots of things.

c) Retrograde Ejaculation in men

Erection occurs and orgasm too, but the spunk goes into the bladder so doesn't ejaculate through the end of his cock. This is nothing to worry about although he may feel he's a disappointment to his partner. This is something to discuss. Many women may prefer to be without "the mess"!

d) Retarded Ejaculation in men

Erection occurs but orgasm and ejaculation are very difficult. A strong mains vibrator can be tried on the shaft, tip, or else stimulation to the prostate gland, (either through the perineum or up along the front of the rectum (techniques used to obtain sperm for fertility purposes).

e) Erectile Dysfunction in men

No erection is possible, except by injection (ask him to get equipment from his GP) or sucking it up in a suction device.

f) Premature Ejaculation

This is only to be expected with many disabled men because of built up frustration. Don't use it as an excuse to get him out quickly if you find him repulsive.

Dealing with attractiveness

If you find him repulsive, so might potential partners, so deal with it. Discuss how he could improve his appearance.

Involuntary drooling causes bad breath which is rarely discussed by carers because they think "that's the least of his worries" but it may be his main worry - the one thing that's putting women off, who might otherwise fancy him.

Dangers

There is no disability which makes it dangerous for a person to have sex. There is just one condition which a tetraplegic can get, called autonomic dysreflexia (which they would feel coming on, and know how to cope with) when sexual excitement could make him feel ill, but he should explain to you in advance. Never assume that it's bad to 'let them feel the pleasure because then they will be disappointed if they can't have it again tomorrow'. Don't take responsibility for him, as he is not a child.

Money

Now, the sticky subject of money. Most disabled people don't have much but they usually have allowances, for travel etc., which some hardly use, so they have enough stashed away. Others can save up. He can always ask for money for Christmas from his parents. Don't charge them extra because you think it's extra work. Work out a fair price.

It becomes more expensive if your normal place of work isn't accessible to the disabled person and you have to visit them. Most brothels, working flats and bedrooms are upstairs which makes them impossible for people in electric wheelchairs, and difficult for others with mobility problems, unless they are lifted. If it's impossible for the client to get into your working area, I think it's fair to reduce the price of a home visit.

If the disabled person can't afford you, why not suggest he invites some mates round to share you, and share the cost of your trip? Some men might not like this idea, wanting it all to be

private, others may leap at the idea.

There are many disabled men who live at home with their parents or live in institutions and homes for disabled people, so they wouldn't even be able to have a home visit. This makes the exercise that much more complicated but it doesn't make it impossible. There are wheelchair accessible hotels, some of which even have hoists in a couple of rooms for helping people onto the bed. If you cannot manage to cope with this on your own, most disabled people have friends or care assistants who would gladly come and help out, getting him undressed and ready for you. This need not be embarrassing: it can be fun. I once got a severely disabled man laid with a professional woman, even though it took a team of nine of us to organise and facilitate it. The smile on his face afterwards made us all aware that the effort had been worth while.

Although we all did this as friends, as a favour, the professional sex worker herself should not insult her disabled client by refusing to take money. It's a deal like any other. If you give sex freely, it will upset the balance and make it seem like charity – a thing that disabled people do not appreciate.

There is one exception - the wank for the person who cannot do it themselves. Everyone has the right to self gratification and if someone can't do it, then it's only fair that another lends them a hand. This person need not be you, but perhaps you could talk to people who live near the client, who could do it on a regular basis. One of your skills as a professional is that you are uninhibited. Your easy-going language and practice at sex talk can ease the way for others to use their humanity in sexual directions.

If you are interested in doing "wank work" with disabled people, advertise in one of the disability magazines, such as Disability Now or on the websites such as Disabled United.

Hopefully, some of your colleagues will have the same idea. An ideal is that a group of sex workers join together to form a 'clinic' so that the disabled clients have a choice of partner, and you can all meet up on a regular basis, to offer each other support and learn from each others' experiences. You could even produce a leaflet outlining your collected services. You are welcome to use any of my article, in its wording.

Remember - disabled people can (and do) make amusing, appreciative, worthwhile clients, and can learn to become skilful, loving partners. The biggest problem that prevents them, is starting out.

You *can* be their stepping stone.

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